



Chilliwack
Hospice
Society

AGM
Annual General Meeting

April 1, 2018 - March 31, 2019

President's Report

The Chilliwack Hospice Society had a robust year in 2019.

The Society's fundraising efforts were once again successful. In addition to our two annual larger events, the Gala in September and the Hometown Hoedown in March, we also introduced the 1st Chilliwack Hospice Golf Tournament and re-introduced the Hike for Hospice this past year.

The Thrifty Boutique continues to thrive despite the size restraints they are facing in the current location. The Executive Director and the Board have been focused with finding a new location and we hope to have good news to report very soon. I'd like to take this opportunity to thank the store management team, staff and volunteers for all your hard work and efforts throughout the year and commend you on another successful, sold-out Thrifty Boutique Fashionista Fashion Show.

The positive impact of our programs within our community can be seen by the number of patients and clients we have supported during the year. Our adult groups and children's programs continue to expand, and it makes me very proud to be part of such a wonderful and caring organization. We are always pleased to be active in our community and add value through our services.

I would like to thank Sue Knott, our tireless and remarkable Executive Director, for all her efforts this year. This was Sue's third year with the Chilliwack Hospice Society, and she continues to forge ahead with instilling the Society's vision. She continues to be a positive and uplifting influence on the organization and she consistently provides excellent leadership to the Team.

I would also like to thank all the amazing staff and volunteers for their time and dedication. The Society would not be the success it is without you. Many of you go above and beyond and we so appreciate your time, hard work and devotion.

To my fellow Board Members, thank you for your commitment and support throughout the year. It has been my absolute pleasure to have worked with each of you. Thank you for making a difference.

Joanne Beck
President, Chilliwack Hospice Society



Mission Statement:

Chilliwack Hospice Society is a community based volunteer organization which accepts death as a part of life. We support individuals and families during the dying and grieving process.

Executive Director's Report

Our first year in our new building has been amazing! The additional space has allowed us to increase our programs and provide private spaces for one to one support. We also have private spaces for our relaxation team to provide treatments. We have several different rooms in use at the same time throughout the building which allows us to help more people. Our Children's Room has been a huge hit with the many children we have worked with this year. The Chilliwack Mt Cheam Rotary Club have chosen our side garden area for their upcoming project. We are so excited to see it transformed into a tranquil area for clients and play space for our kids. We have become a bustling centre of activity. The energy is so supportive and healing.

On May 14th, 2018 we had our Second Annual "Thrifty Fashionista" Fashion Show. This fun filled event highlights the quality and selection of clothing at our Award-Winning Thrift Store, The Thrifty Boutique. It was held at the Chilliwack Museum and was a sold-out crowd. The event provides excellent advertising for our store. Our models are the sons, daughters, husbands and wives of our staff and volunteers. There are always hoots, hollers and lots of laughter!



On August 9th we hosted our very first Play it 'Fore'ward Golf Tournament at the Chilliwack Golf and Country Club. It was one of the hottest days of the summer, so we did lose a few golfers who were afraid of the heat. The folks that toughed it out had an amazing time! It was very well organized and for our first attempt it did well. We learned some things that we put in place for the next one. We grossed \$18,940 to support our programs and services.

The 15th Annual Chilliwack Hospice Society Gala Celebrating Bollywood was held on September 22nd and was an amazing event! We were able to create an all-encompassing experience for our guests. The sights, sounds, food and entertainment paid tribute to South Asian Culture. I truly believe it was our best Gala ever! We raised over \$97,000 thanks to hundreds of hours of work by our dedicated volunteers and staff. Our theme for this year's event is "Moonlight Gala" which is shaping up to be spectacular in every way. Mark your calendars for October 19th.



Our 9th Annual Memorial Evening was held on November 28th at the Vineyard on Wellington. It was very well attended again this year. We enjoyed a wonderful performance by the Chilliwack Senior Secondary School Jazz Choir. Our panelists were Audrey Goosen and Eileen Trojanoski who shared their journeys of love and loss. Each participant was given a tree to plant in memory of their loved one. Celebrate a Life was held from December 1st – December 23rd at the Thrifty Boutique and Minter Country Garden Store. Visitors are encouraged to sign a paper butterfly and place it on our memorial tree to remember someone special they have lost.

Our 8th Annual Hoedown for Hospice on March 9th was a great success once again. We raised over \$55,000.00 for Chilliwack Hospice Society programs and services. This event was sold out with a waiting list this year. We had a wonderful pulled pork dinner donated by Johnson Meats. Our caterer "Taste of Thyme" did an incredible job. Earl & his brother Ken from Chainsaw Mountain Carvings entertained our guests and the public with chainsaw carvings throughout the day.



Chilliwack Hospice Society's **Client and Patient** volunteers helped tirelessly in homes, the hospital, and care facilities this past fiscal year. Our volunteer **Visiting Teams** gave **93.75** hours of support to patients in local hospitals, **185.75** hours at local homes and close to **3285.25** hours at Cascade Hospice Residence. Our **Relaxation Team** continues to be busy. Our team of 18 volunteers provided **887** hours of relaxation treatments in our Hospice residence, at hospital, at our centre, and in the community. We offer treatments at our Hospice centre on Monday mornings & Wednesday afternoons, with **370** treatments provided at this location, and an additional **138** at Cascade Hospice Residence.

70 people attended the **First Step Grief Support Group** this past year, with **68** volunteer hours contributed to the continuing success of this program. Up to **25** attendees continued to seek support through the Second Step Grief Support program, with **88** volunteer hours going towards helping people with their grief.



We have increased our programs for younger children this year. In the Fall of 2018 and Spring of 2019, we provided **41** kids with grief support programming and **80** volunteer hours. Our Horse Whisperer Grief Camp included **31** kids and **84** volunteer hours.

We also held another successful **Teen Grief Peer Support Training** course this fiscal year. This program, designed and delivered in partnership with School District #33, provides students in Grades 11 and 12 with practical skills to provide peer bereavement support to grieving children and teens. **20** students took part in the 20-hour course with many of the students coming back to help with our Children's Grief Support Group and Horse Whisperer Grief Camp.



This past fiscal year, we provided **39** Chilliwack Hospice Society volunteers with **182** hours of hospice palliative care education and bereavement support training. These training courses



included our annual **Basic Hospice Training, Vigil Training and Relaxation Therapy Training.**

The **Thrifty Boutique** continues to thrive, providing quality items to the community through generous donations from the community. More than **85** volunteers help out at the store with customer service, item pickups and sorting through the huge volume of items that are dropped off at the donations area. An incredible **16,427** hours of time have been given by volunteers to help our store continue to be a significant revenue contributor to Chilliwack Hospice Society. Special events at the store throughout the year included a Kids Christmas Shopping Day, Mothers' Day Tea, Painting Day and our immensely popular Fashion Show held every year in May. We continue to look for a larger space for our store as its popularity has grown. We are hoping to relocate in this coming year.



Our **Office** volunteers continue to deliver valuable administrative support, ranging from fielding calls, to greeting and welcoming clients to card-making for volunteers and clients. There were over **1445** volunteer hours given over the past fiscal year, and **1729** visitors welcomed to our Centre. Our Board of Directors volunteered a significant amount of their time to ensure the smooth operation of our organization and offer their guidance in how we achieve our mandate in the community.

The 2019/2020 fiscal year will see growth in the number of educational programs offered to the community.

Overall **the 2018/19 fiscal year** has been incredibly successful and challenging with new events and programs. Our staff and volunteers have enthusiastically continued to offer valuable support to our community. The success of our organization is a combined effort of **compassion, dedication and service by our volunteers, our board and our staff.** I am incredibly proud of the work we do and all the new services we are planning.

Sue Knott

Sue Knott

Executive Director



Generous donations of beautiful handmade quilts and blankets for Cascade. They provide such comfort and are so appreciated.

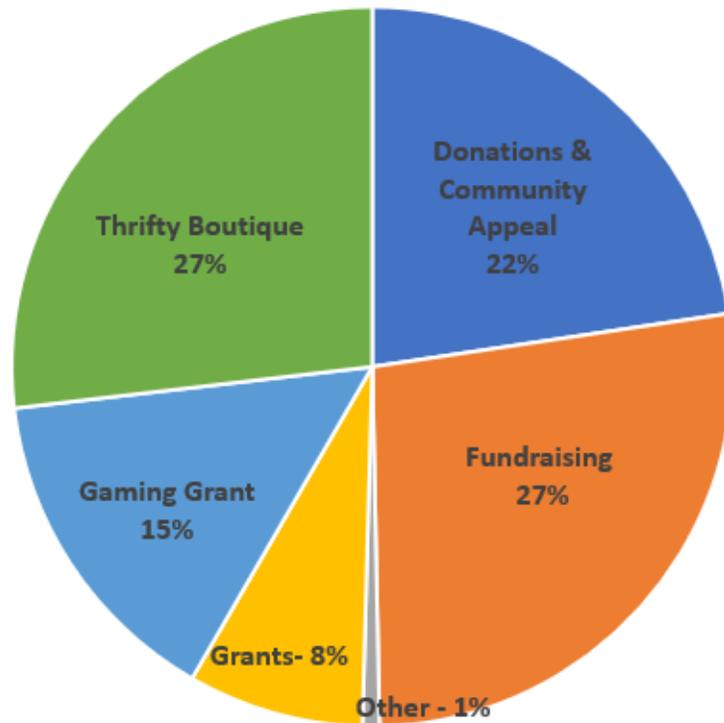
Practicum Students

This year we've hosted several Practicum students who bring enthusiastic



energy to our Programs including Children's programming, Traumatic Loss Group and so many other activities.





Programs at a glance...

Bereavement Programs

- ◆ School-based Grief Support Programs
- ◆ Bereavement Visitation Program
- ◆ One-to-One Support
- ◆ First Step Grief Support Group
- ◆ Second Step Grief Support Group
- ◆ Children's Grief Support Group
- ◆ Horse Whisperer Grief Camp
- ◆ Relaxation Program
- ◆ Pregnancy & Infant Loss Grief Support
- ◆ Traumatic Loss Grief Support Group

Palliative Support Services

- ◆ Relaxation Program
- ◆ Cascade Hospice Residence Visitation
- ◆ Music Program
- ◆ Hospital Visitation
- ◆ Home Visitation
- ◆ Respite
- ◆ Vigil Services

Education and Training

- ◆ Basic Hospice Training
- ◆ Teen Mentor Program
- ◆ Vigil Training
- ◆ Workshops on topics such as Advance Care Planning

Community Outreach Programs

Services are provided to:

- ◆ Local First Nation organizations
- ◆ Kent Institution
- ◆ Sardis Doorway Program



Children's Grief Support Group - Fall 2018

This group consisted of almost 30 children between the ages of 6 & 11.



Board Of Directors

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Ralph Jones
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Stephanie Heinrich
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