

Mission Statement

*Chilliwack Hospice Society is a community based Volunteer organization which accepts death as a part of life.
We support individuals and families during the dying and grieving process.*



THANK YOU!

From Chilliwack Hospice Society to everyone who helped make the 10th Annual

November Night Gala

WINTER
Wonderland

a huge success, raising over \$75,000!



Wednesday Afternoon at the Movies

Hospice Film Series

At Cottonwood 4 Cinemas, 45380 Luckakuck Way

All Movies start at 2:45 pm

January 15	A Late Quartet
February 12	The Best Exotic Marigold Hotel
March 12	Ghost Town
April 16	Love Is All You Need
May 14	Unfinished Song
June 11	My Dog Skip



A panel discussion will follow each film

Showing thought provoking films that will encourage viewers to explore concepts, questions and issues related to aging, illness, end of life, grief, loss and healing.



For more information please call
Colleen Rush @ 604.795.4660 or email at
colleen@chilliwackhospice.org

Hometown Hoedown for Hospice

Denim & Diamonds
March 8th, 2014
Evergreen Hall

Ya'll save the date now, it's going to be a smoking' good time!

Tickets \$50/pp

Food provided by Smoke n' Bones

Entertainment by Piper Down

Silent and Live Auction

and some other goodies up our sleeve

Fall Basic Hospice Volunteer Training

Training took place between October 1 - 31, 2013. Fifteen people completed the training and many are now volunteering in the community, Cascade Hospice Residence, in the hospital and with our grief groups. A very warm welcome to all our new Client & Patient Volunteers!

Front Row Seated left to right: Jack LeGresley, Lisa Marie Gulak, Emee Wenk, Jan Legere, Bonnie Canning, Pamela Vanderwall

Back Row Standing left to right: Lisa Reid, Tatiana Carrizo, Tannis Anderson, Marolyn Pringle, Deanna McGonigal, Colleen Johnson, Cathy MacRae

Missing from photo: Angela D'Angolell and Liz Lynch



Upcoming Events

- Jan 18 Thrifty Boutique 4th Anniversary Sale
- Jan 28-Feb 27 Basic Hospice Training
- Jan 24-26 Chilliwack Home Expo
- Feb 11 Thrifty Boutique Ladies Retail Therapy
- Mar 8 Hometown Hoedown for Hospice
- Mar 28 Meal Time Companion Training
- Mar 29 Vigil Training

Aromatica Tea has created a Chari'tea' for Hospice. It's a blend of Earl Grey, vanilla, hibiscus and rosehips. We have named it 'Butterfly Tea'. The tea is for sale in their store located within Minter Country Gardens. All proceeds from the sale of this tea will benefit Chilliwack Hospice Society. Please keep this in mind when gift giving.

Volunteer Opportunity
Computer and Social Media Savvy?

Chilliwack Hospice Society is looking for someone to provide administrative and social media support. You should have a working knowledge of Microsoft Office programs, are willing to learn other computer applications and enjoy greeting people and answering phones. The time commitment is four hours per week and a minimum of a one year commitment is requested.



Thrifty Boutique 604.846.2226

Store Hours: Monday-Saturday 9:30-5:00 **Donations Drop Off hours: Monday-Saturday, 9:30-4:30**

- ♥ Thank you to those of you who donated your treasures and those of you who found them at our third annual Antique & Collectibles Sale held during the first weekend in November. You made it a great success!!
- ♥ We received a house load of furniture and décor items because of someone's expressed wishes to her executor.
- ♥ We are always looking for volunteers to work in the back unloading, sorting, washing, steaming etc. as well as those interested in merchandising décor, selling, cleaning and cashiering up front.
- ♥ Seniors day is every Monday which saves 20% off your purchases if you are 60 years or older.
- ♥ Every weekend we have a colour tag sale that discounts the price of certain items by 50%.
- ♥ Saturday, January 18th is our 4th Anniversary Sale! Come celebrate with us! Enjoy discounted shopping, coffee and goodies.
- ♥ Tuesday, February 11th we will be hosting our Ladies Retail Therapy evening from 6:00-9:00pm. We have so much fun! Punch served by a gentleman in a tuxedo, a chocolate fountain and goodies, discount shopping and door prizes galore. If you are lucky you may have an opportunity for a 10 minute back or foot massage.



Program Updates

We have several new programs that we are very excited about!

The **Walking Group** is open to community members who are living with a life limiting disease or are bereaved as well as the friends, family members or caregivers who are supporting them. The group meets at our office on Friday mornings at 9:30, walks for about 40 minutes and is followed by a social time.

The **Caregiver Support Group** takes place at our office on the 1st and 3rd Wednesday of each month. It is open to friends, family members and caregivers supporting someone with a life limiting disease. Pre-registration is required, so please contact Coletta at 604.795.4660.

Our **Children's Grief Support Group** has 20 children between the ages of 4 and 14 currently enrolled which will finish the end of January. This program would not be possible without the help of our volunteers who provide snacks for the children, those who assist with the group, and the teen mentors who do their work experience with the children through the Chilliwack School District.

Huge thank you to the following people:

For providing snacks: Lee White, Gisele Allen, Mari Okazaki, Charlene Wright, Teya Graves, Joan Beldam and Judy Sluys

Teen Mentors: Megan Fennerty, Stephen Ng, Shon Pratap; Kelly Koczur, Kelsey Carlson, Michelle Jeong and Layla Mohammed

Hospice volunteers: Karen Vander Meulen, Lisa Gulak, Teya Graves, Linda Brown, Angela D'Anjolelland Jack LeGresley

In the new year we will be interviewing possible participants for our **Violent Death Bereavement Group** for people who have lost someone to suicide, homicide and other types of violent death.



Aproximately 75 people joined us at our annual **Memorial Celebration** held on November 21st. Students from Chilliwack Secondary Jazz Choir provided our opening music, Lucy Fraser offered insight on grief and loss, Leigh Bennewith shared a poem about her mother and guests participated in a grief ritual. It was a lovely evening with

most of our guests staying to enjoy refreshments, conversation and the support of one another. Thank you to our volunteers, Eme, Marja, Thelma, Vicki, Grace and Joan.

Our Store and Office will be closed on February 10th to enjoy Family Day



Teen Grief Peer Support Training

Sixteen grade 11 & 12 students from 3 local high schools completed this 20-hour grief support training. Seven of the students are currently volunteering as teen mentors with our children's bereavement support group as noted above.

Donations received from the following companies:

Andrew Sheret Limited



Promontory Lake Annual Golf Tournament



Cookies Grill



Great Canadian Gaming Corporation



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Stephanie Heinrich
Thrifty Boutique Coordinator

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Shirley Downie

Susan Greenway

*Thrifty Boutique Assistant
Coordinators*

Donations made in memory of loved ones from October—December 2013

♥ A.C. Boswell	♥ Ed Gilchrist	♥ Patrick Keane
♥ Amelia Shiach	♥ Eric Berger	♥ Penny Beaton
♥ Andy Armstrong	♥ Bud Nielsen	♥ Pete Wiehler
♥ Barry McAuley	♥ Ferne Moore	♥ Phylis Laughlin
♥ Bert Vandebek	♥ James Lee	♥ Rita D'Souza
♥ Bob Pennell	♥ Joanne Curtis	♥ Ross Thomson
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♥ Clyde Dougans	♥ Joseph Pabin	♥ Shirley Nootera
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♥ Darlien Dulong	♥ Leanne Coombes	♥ Susan McLaughlin
♥ Desrae Armstrong	♥ Lilee-Jean Putt	♥ Tony Armstrong
♥ Dick Armitage	♥ Loretta Jane Hughes	♥ Toots Maier
♥ Dorothy Gurr	♥ Mack Levonowich	♥ Virginia Smith
♥ Douglas McRumley	♥ Martha Wald	♥ Wayne Johnson
♥ Dr. David Klassen	♥ Opal Schrul	

Thank You

- ◆ Henderson's Funeral Home for providing a location for our bi-monthly Suicide/Homicide Alumni Group potluck.
- ◆ Gay Henderson who has donated funds for our Music Program at Cascade Hospice Residence in memory of her husband, Art Henderson.
- ◆ Kathleen Wiens for speaking at our Board Orientation.
- ◆ Fraser Health Home Support Team Leader Doreen Campbell, Lorraine Depow Geriatric Mental Health, Sarah Doyle Chilliwack Community Services Better at Home Coordinator, Pamela Auffray, Lisa Reid, Angelo Rae Area Manager, Woodlawn, Henderson's and First Memorial Homes and Ellen Boyes, from the BC Association of Community Response Network for helping make our Family Caregiver Education series such a success!
- ◆ Laura Clarke, Jill Campbell, Amanda Siwek Home Health Liaison Team at the hospital for generously providing information and resources for the Family Caregiver Education Series.
- ◆ Elder Shirley Leon, Ven. Sik Yin Kit and Charlene Neufeld for sharing their wisdom and knowledge with us during our Basic Hospice Training.
- ◆ Myrna Meyer & family for donating a beautiful Christmas poinsettia for our office.
- ◆ The anonymous driver at Number 8 Freight who covered our courier fee with a 'Merry Christmas'.
- ◆ Aromatica Tea for the donation of tea sachets in the Volunteer goodie bags at our Volunteer Christmas Open House.
- ◆ Debbie Fortnum for gracing us with her presence and talent at our Volunteer Christmas Open House.
- ◆ Chilliwack PieceMakers Quilting Guild, Halcyon Quilters and Chilliwack Quilters Guild for handmade quilts.
- ◆ Mrs. Violet Edwards for Lap Afghans donated to Cascade Hospice Residence.
- ◆ Anya McRae for her wonderful gift of music at Cascade Hospice Residence on December 19th. Along with her service dog, Leahy, she brought her glockenspiel, harp and several bells which provided a lovely music session for residents and their families. Thank you also to Mari Okazaki, Linda Brown and Lucy Fraser for providing back-up percussion!
- ◆ To the many individuals who brought plants and goodies over the holidays!