



Chilliwack Hospice Society News ~ July 2014

45360 Hodgins Avenue, Chilliwack, BC V2P 1P5 604.795.4660

info@chilliwackhospice.org

www.chilliwackhospice.org

Mission Statement

Chilliwack Hospice Society is a community based Volunteer organization which accepts death as a part of life. We support individuals and families during the dying and grieving process.

Staff Announcement

Thank You and Farewell

In the years that I have been with the hospice society, I have often heard "I don't know how you do it!" Well as the old adage says *It Takes a Village* and that has certainly been the case for me here. As I prepare to leave an organization which I absolutely believe in and support, I'd like to thank you for being my village. I have had the privilege to work alongside courageous clients who have trusted me in their journey with death and dying, donors and sponsors who have supported the events and programs I've facilitated, staff in Cascade Hospice Residence, hospital and community who have graciously worked together with the society to support palliative patients in Chilliwack, and my colleagues in the office who helped me on a daily basis to do this work. Lastly and most importantly, the many volunteers who are willing to be where they are needed: performing a variety of office tasks, mowing our lawn, sorting out treasured family possessions at the thrift store, holding a position on the board, offering a friendly welcome at our events and programs and those I work most closely with - the volunteers on the client and patient teams. Our volunteers truly are the heart of hospice. Thank you - I couldn't have done it without ALL of you!!

Coletta Holmes

Palliative Services Coordinator

Thrifty Boutique

604.846.2226

We are holding our next
Ladies Retail Therapy Night
on **Thursday, September 25th**

Tickets only \$5.00

and half goes towards your purchase.

- ♥ Door prizes
- ♥ Discount shopping
- ♥ Chocolate fountain, punch & other goodies

Would you like to hear about our special events and promotions? Drop by the store and fill out a request to be on our email list and don't forget to follow us on Facebook.

Seniors Day every Monday
20% discount.

Thrifty Boutique is in need of furniture, décor and gently used clothing.
Please drop off donations
Monday - Saturday 9:30 - 4:30
at 230 - 45428 Luckakuck Way (BCAA Center).
Store hours: Monday - Saturday 9:30 - 5:00

Our Store and Office will be closed
on the following dates:

- Aug 4 (BC Day)
- Aug 28 (Staff Wellness Day)
- Sept 1 (Labour Day)
- Oct 13 (Thanksgiving)



would like to thank everyone who
helped make the 13th Annual Hike for
Hospice a huge success!!!
We raised close to \$8,000.

THANK YOU!!



SPONSORS:

Diamond Sponsor:
Prospera Credit Union

Associate Sponsors:
Coast Capital Savings
Envision Financial

Contributing Sponsors:
Chilliwack Floors Carpet One
Steeltec Industries Ltd.
Overwaitea Food Group
Waterstone Law Group LLP
Magician Trent (www.motivateby magic.com)

Media Sponsors:
The Chilliwack Progress • Star 98.3 / Country 107.1
89.5 The Drive • Chilliwack Times

Special Thanks:

MC: Ana Macedo • Helping Paws • St. John Ambulance • Chilliwack Community Policing • Fusion Cheerleaders •
John Munro • Ray Porter • Mertin Group of Companies • Esther Kim • Lisa Gulak • Downtown Chilliwack BIA •
Jessica Fader • City of Chilliwack • Carolyn Pinsent • HUB Barton Insurance • Cooper's Foods • Hampton Inn •
Save-On-Foods Chilliwack • Save-On-Foods Sardis • Dairy Queen • Canex Building Supplies • Linda Brown •
Tim Horton's Cruiser • Little Caesars Pizza • Murray Honda • Hampton Inn • Paul Jackson, Money Concepts

Hospice Volunteers:

Gisele Allen	Megan Fennerty	Sean Choi	Jon Young & Kids
Don Allison	Emee Wenk	Tena Griffin	Jacinthe Aardema
Tom Sproule	Anita Sanghara	Steve Holmes	Donna MacFarlane
Tannis Anderson	Grace Bennett	Melissa Herfst	Colleen Johnson
Joan Beldam	John Lynch	Linda Tracz	Juliana Vaillancourt
Nancy Hilliard	Shirley Downie	Fran Blower	Karren Keller
Brian Coombes & Kids			

Prospera Credit Union Volunteers:

Cindy Helmer	Tyler Dove
Tina Hockley	Joan Derish
Kim Goodman	Trudy Hall
Sarah Rioux	

Chilliwack and Sardis Secondary School Work Experience Students:

Holly Cherniwchan	Christiane Byers
Paul Braila	Megan Praat

Highroad Academy Leadership Class: Bethany Loewen Reuben Loosdrecht

THANK YOU THANK YOU THANK YOU

Program Updates

Children's Grief Support Group

On June 20, 14 children between the ages of 4-11 received certificates for attending the Children's Grief Group. The groups are held twice yearly as need dictates. Through sharing their stories and concerns, this expressive arts program helps to normalize death and grief for children and enable them to process their losses in a supportive environment.

Suicide Bereavement Support Group

We are now running our third Suicide Bereavement Support Group and are accepting referrals for our next group.

CASINO ROYALE

Save The Date
November Night Gala
November 1, 2014
Ticket price \$150
Dress to Kill

*You're Invited
to...*

Chilliwack Hospice Society's

Volunteer Garden Party

at **Chilliwack Hospice Society's Rotary Hospice Centre**

Thursday, September 4th, 6-8 PM,
rain or shine!

Volunteers, please join us for a special
dessert and a chance to mix and mingle.

RSVP by Aug. 28th if you and a guest are
attending: joldie@chilliwackhospice.org



CHILLIWACK
Hospice
SOCIETY

Bucket List Festival

Sat., September 27, 2014, 9:30am - 2:00pm
Rotary Hall, Chilliwack Cultural Centre

PRESENTATIONS INCLUDE

- Hold a Living Wake
- Recording Personal Memories
- Navigating our Health Care System
- The Unwell Traveler
- How to Communicate with your Doctor
- And more

Learn to make the most of life
when time is limited.

Tickets: \$25
includes a light lunch

Upcoming Community Education

- ♥ The next Basic Hospice Training will take place from September 30 - October 30, every Tuesday and Thursday evening between 6:00 - 9:00pm. Please visit <http://www.chilliwackhospice.org/education> or email colleen@chilliwackhospice.org for more information.

♥ **What is a Bucket List?**

A Bucket list is a list of things you want to do before you die, like cruise the Inside Passage to Alaska, drive a red Ferrari or take a ride on the back of a Harley Davidson; do a parachute or bungee jump, raft down a river, or create a video for your children.

What is the Bucket List Festival?

A public forum for learning how to make the most out of life when it's most precious: when it is limited. We will be having a series of talks on various aspects of Quality of Life, with lots of opportunity to ask our experts questions. Learn about travelling when you are unwell, recording personal memories, how to really "talk" to your doctor, advance care planning, holding a living wake, care options in the community, and much more.

Please join us on Saturday, September 27 for an uplifting day full of valuable information, resources and prizes!!

When: Saturday, September 27

Time: 9:30-2:00 pm

Where: Chilliwack Cultural Center

Cost: \$25 includes a light lunch

Tickets on sale soon! Check out our website and Facebook page for more info

Upcoming Events

- | | |
|----------------|--|
| Aug 16 | Community BBQ for Hospice at Murray Honda |
| Sept 4 | Volunteer Garden Party |
| Sept 25 | Thrifty Boutique Retail Therapy Night |
| Sept 27 | The Bucket List Festival |
| Sept 30 | Basic Hospice Training |
| Nov 1 | November Night Gala |

